



SeniorNet Manawatu Newsletter

October 2021

SeniorNet (Manawatu) Inc.
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President's report:

September at SeniorNet Manawatu. To quote the American Baseball Coach - Yogi Berra:
"It's like déjà vu all over again."



We may now be out of Lockdown, but we are still a bit locked out at the moment, and we are. We have run several Zoom sessions over the last month, and we have been participating in the SeniorHangouts sessions as well. Thanks to those of you who have made use of these. We will continue to use this technology. Hopefully, we will get to meet up again at the Milson Community Centre sometime soon.

Kevin has been doing more to our website. It is getting better and better. Just to add some interest we are looking for member's photos that we can publish on the home page, changing them on a regular basis, so please submit any interesting photos that you would like to share with us. If they are really good you might win a chocolate fish! You can email them to us at seniornet.pnth@gmail.com. I've started the ball rolling with an old photo of mine. Any other ideas or suggestions for the website are welcomed.

If you are having any technical issues, or need help with something (like Zoom and SeniorHangouts) then drop us an email at seniornet.pnth@gmail.com. We will see what we can do to help you.

Anyway, keep warm and well, and keep smiling.

Regards

SENIORNET COMMITTEE 2021

President: John Gibsone - 022 355 2500

Vice President: Reg. Romans -358 8519

Secretary: David Illingworth - 354 8623

Treasurer: Marie Start -356 2268

Committee: Michael Lawrence - 323 2456

Committee: Kevin Fletcher – 324 8263

SeniorNet Manawatū Roles and Positions

We have built a table, on our website, that lists the current roles and positions in our centre. We would like to fill in all of the blanks over time, so if you know of somebody who might like to assist us, please let us know.

Just click the link to see the Table.

<https://seniornet.inspire.net.nz/roles-and-positions.html>



AGE FRIENDLY PALMERSTON NORTH ROTARY CLUB OF TERRACE END

OLDER PERSON OF THE YEAR AWARDS



If you are interested you can nominate someone for the Older Person of the Year Awards (**entries close 15 October**). There are 4 categories: Women of the Year / Man of the Year / Business of the Year / Technology Award

Our own Allan Walters won last year's Technology award.

If you want to nominate someone then you can use the online form at:

<https://docs.google.com/forms/d/e/1FAIpQLSeuKVWQ7235nI8eLa8z0B-V3wh1DQTF5jN6r03GHDeJbDPDhQ/viewform>

A Golf Story!

Arthur is 75 years old. He's played golf every day since his retirement 15 years ago. One day he arrives home looking downcast.

'That's it,' he tells his wife. 'I'm giving up golf. My eyesight has become so bad that once I hit the ball I couldn't see where it went.'

His wife sympathizes and makes him a cup of tea.

As they sit down, she says, 'Why don't you take my brother with you and give it one more try.'

'That's no good,' sighs Arthur, 'your brother is 85. He can't help.'

'He may be 85,' says the wife, 'but his eyesight is perfect.'

So the next day Arthur heads off to the golf course with his brother-in-law.

He tees up, takes a mighty swing, and squints down the fairway.

He turns to the brother-in-law and says, 'Did you see the ball?'


'Of course I did!' Answers the brother-in-law. 'I have perfect eyesight.'

'Where did it go?' Arthur asks.

'I don't remember.'





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*As a SeniorNet member you are entitled to the exclusive added value of free on road costs when you purchase a new Suzuki car from a participating Suzuki dealership. On road costs cover vehicle registration for 12 months, 3 year WOF, full tank of fuel, full interior and exterior groom, and pre-delivery vehicle inspection. This offer is available until 31 March 2022, is in addition to the current Suzuki promotion where applicable and excludes fleet and demonstrator vehicles. New Suzuki vehicles also come with a free 1000km service check, a 5 year warranty package, and 3 year roadside assistance. See suzuki.co.nz for details.



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inspire.net.nz
0800 484 363

 **SUZUKI - More Information is available from:**

<https://seniornet.nz/support-seniornet/>

Top tips to get the most from your Wi-Fi

1. Position is everything. Place your Modem in the most central place in the house, ideally 1 metre or more above floor level.
2. Don't hide your Modem away. Each wall or obstacle the signal has to pass through can reduce your Wi-Fi signal.
3. Using extension cables from your phone jack to the Modem can impact performance.
4. Keep your Modem at least 1 metre away from kitchen appliances and devices such as baby monitors, hair dryers and cordless phones.
5. If your devices support it, connect to the 5GHz Wi-Fi band as a preference over the 2.4Ghz Wi-Fi band.
6. If you have multiple devices using your internet connection, consider upgrading your internet access type to VDSL, Fibre or HFC. This will ensure your home is receiving the fastest speeds.



You may also need to upgrade your laptops and smartphones to those with the latest Wi-Fi technology.

Interesting Websites

How to use Windows 10 Quick Assist to Remotely Troubleshoot PC problems

In this step-by-step tutorial, learn how to use the Quick Assist app that comes with Windows 10

<https://www.youtube.com/watch?v=-LbzfQj5dUw>

Coldfusion TV You Tube. 'How is money Created'

<https://www.youtube.com/watch?v=mzoX7zEZ6h4>

2:00PM, 29 SEPTEMBER 2021

Advisory.

Parcel Delivery SMS Infecting Android Phones

TLP Rating: White

A malicious app is being spread through text messages on Android phones and is currently affecting New Zealanders. The text messages are about a parcel delivery pending or been missed, with a link to a delivery service website.

Do not click on the link. If you do, it will ask you to install the application for the delivery service, which is actually a malicious app. The application attempts to steal your banking and credit card information as well your contact list, which it uploads to a server to continue spreading itself. Once a device has been infected with this malicious app it can result in significant financial losses.

[READ THE FULL ADVISORY](#)

More details on this problem continues on the next page!

FluBot malware:

FluBot malware is being spread through text messages on Android phones and is currently affecting New Zealanders. The text messages are about a parcel delivery pending or been missed, with a link to a delivery service website. Some texts are now claiming that photos of the recipient have been uploaded and they can be viewed by clicking on the following link. This is the same scam with the message worded slightly differently. If you have received the texts this does not mean your device has installed the malware.



Do not click on the link. If you do, it will ask you to install the application for the delivery service or to install a security update, both of which are actually a malicious app. Clicking the link without installing an application or security update does not infect the device with FluBot malware.

The application attempts to steal your banking and credit card information as well your contact list, which it uploads to a server to continue spreading itself. Once a device has been infected with this malicious app it can result in significant financial loss.

Given that the wording of these texts has changed within a short timeframe, it is likely the wording will change again. Be wary of any suspicious text messages you receive, asking you to click on a link, and forward any new suspicious texts to 7726.

How to tell if you are at risk:

If you have received a suspicious text message asking you to follow a link, specifically if you have an Android phone.

How to tell if you have been affected:

If you have downloaded and installed an app or security update after following a suspicious link in a text message.

Systems affected: Android mobile phones.

What this means: The malicious app automatically sends text messages from infected devices to contacts it has received from other infected devices. Once the message is sent, the phone blocks the number so the recipient is unable to respond to avoid raising suspicion.

Prevention:

Do not click on the link if you receive a suspicious text message, and do not install any app or security update the page asks you to.

If you are expecting a delivery, it's best to track the delivery via the courier's website directly.

Forward any new suspicious texts you receive to 7726.

If you require more information or further support, submit a report on our website or contact us on 0800 CERTNZ.







<https://www.cert.govt.nz/>



"I hear the ark has no Wi-Fi. I think I'll take my chances here on land."

Keyboard Tips for Zoom in Windows

Alt (used alone) Show/Hide the Zoom Meeting Controls bar
(or, in General Settings, “ Always show Meeting controls” can be set as the default)

| | | | | | | |
|--------------|---|---|--|---|---|---|
| |  |  |  20 |  |  |  |
| | Unmute | Start Video | Participants | Chat | Share Screen | Record |
| Alt + | A | V | U (Esc) | H (Esc) | S | R |

Toggle controls on or off. But use **Esc** key to close *Participants* or *Chat* window)

Alt + T Temporarily Pause Share Screen / Resume

Alt + Q Quit (Leave or End) a meeting. (Press **Enter** to confirm)

Extra tip: Press and hold your **Space bar** to unmute just while you speak.

The “Green Thing”

Checking out at the supermarket, the young cashier suggested to the much older woman that she should bring her own grocery bags because plastic bags weren't good for the environment.

The woman apologized and explained:

“We didn't have this ‘green thing back in my earlier days.”


The young cashier responded, “That's our problem today – your generation did not care enough to save our environment for future generations.”

“She was right our generation didn't have the ‘green thing’ in its day”

Back then, we returned milk bottles, lemonade bottles and beer bottles to the shop. The shop sent them back to the plant to be washed and sterilized and refilled, so it could use the same bottles over and over. So, they really were recycled.

“But we didn't have the “green thing” back in our day”

Grocery shops bagged our groceries in brown paper bags, that we re-used for numerous things, most memorable besides household bags for rubbish, was the use of brown paper bags as book covers for our schoolbooks. This was to ensure that public property (the books provided for our use by the school), was not defaced by our scribbling. Then we were able to personalize our books on the brown paper bags.

Continued on the next Page! 

“Too bad we didn’t do the “green thing” back then”

We walked up stairs because we didn’t have a lift in every supermarket, shop and office building. We walked to the local shop and didn’t climb into a 300-horsepower machine every time we had to go half a mile.

“But she was right. We didn’t have the “green thing” in our day”

Back then, we washed the baby’s Terry Towelling nappies because we didn’t have the throwaway kind. We dried clothes on a line, not in an energy-gobbling machine burning up 3 kilowatts, Wind and solar power really did dry our clothes back in our early days. Kids had hand-me-down clothes from their brothers or sisters, not always brand-new clothing.

“But that young lady is right; we didn’t have the “green thing” back in our day”

Back then, we had one radio or TV in the house – not a TV in every room and the TV had a small screen the size of a big handkerchief (remember them?), not a screen the size of Scotland In the kitchen. We blended and stirred by hand because we didn’t have electric machines to do everything for us. When we packaged a fragile item to send in the mail, we used wadded up old newspapers to cushion it, not Styrofoam or plastic bubble wrap. Back then, we didn’t fire up an engine and burn petrol just to cut the lawn. We pushed the mower that ran on human power. We exercised by working so we didn’t need to go to a health club to run on treadmills that operate on electricity.

“But she’s right; we didn’t have the “green thing” back then”

We drank from a tap or fountain when we were thirsty instead of using a cup or a plastic bottle every time, we had a drink of water. We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blades in a razor instead of throwing away the whole razor just because the blade got dull.

“But we didn’t have the “green thing” back then”

Back then, people took the bus and kids rode their bikes to school or walked instead of turning their Mums into a 24-hour taxi service in the family’s \$70,000 People Carrier, which cost the same as a whole house did before the “green thing.” We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances and we didn’t need a computerized gadget to receive a signal beamed from satellites 23,000 miles out in space in order to find the nearest pub!

“But isn’t it sad that the current generation laments how wasteful we old folks were just because we didn’t have the “green thing” back then?”