



# SeniorNet Manawatu Newsletter

**September 2022**

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## President's John's Report - September 2022

September is here, and spring is showing signs of returning.

In August we started out with our new groups - memoirs, photos, and word processing. These first sessions were really just an introduction to what projects the attendees wish to do. The Memoir Group agreed on creating short accounts of interesting aspects of our and our family's lives. The two photo groups have several ideas between them ranging from photo management and organisation, creating gift calendars, and fixing and presenting old family photos. The Word Processing group are looking at what tools to use and things like creating minutes and other small documents. We hope that everybody achieves what they want, will learn new skills, and have some fun along the way.



It's never too late to join any of these groups. As we are not running to a fixed curriculum you can fit in at any level.

We are now involved in a Federation Quality Assurance pilot project. Kevin has built a simple two-question evaluation form that you will see us using from now on. (see more details on Page 2 of this newsletter). This is part of this project and has gained attention from other learning centres. We are going to trial this for a period (along with our friends in Whanganui) to see how it works for us. We would be interested in your comments.

As always, if you have any ideas or suggestions on topics, courses, workshops or anything SeniorNet-related please let us know. We welcome your input.

## SeniorNet Federation - News Update

Heather Newell, the Federation's Executive Officer, has resigned and will leave us at the end of this month - we are sorry to see her go. We also recently had a new Federation Committee Chair elected - Peter Campbell from Dunedin. Currently, Peter and the Committee are evaluating several Federation projects (including SeniorHangouts and our 'Learner Hours' payments). Because of this disruption, the Committee are also now evaluating the role of the Federation itself. We will hear a lot more about this over the next few months.



**Regards President John Gibsone**



SeniorNet Calendar August 2022	
<b>Wednesday 7<sup>th</sup> September</b>	<b>Wednesday 14<sup>th</sup> September</b>
10am TECH Help 10am SeniorNet Office – <b>Memoirs Group</b> <b>1.30pm iPad Interest Group</b>	10am TECH Help 10am SeniorNet Office – <b>Photos Group 1</b> <b>1.30pm Members Day</b>
<b>Wednesday 21<sup>st</sup> September</b>	<b>Wednesday 28<sup>th</sup> September</b>
10am TECH Help 10am SeniorNet Office – <b>Word Processing Group</b> <b>1.30pm Android Interest Group – Back to Basics</b>	10am TECH Help 10am SeniorNet Office - <b>Photos Group 2</b> <b>1.30pm Light Bulb Lecture</b>

## Our New Simple Feedback Form

### Introduction

SeniorNet Manawatū has created a prototype Feedback form to help evaluate our student’s confidence in the activity they have just completed. We currently do no evaluations, so we looked at what we could do that would suit our activities which are mainly one-on-one or single-session workshops. We decided to measure confidence levels as, at the end of the day, that is what we are here to improve. Our prototype is intended to be filled in by every student where possible. It is very simple and quick to use. No personal information (names) will be used outside of SeniorNet Manawatū.

### The Form

The prototype requires the tutor to enter the student’s name (from a drop-down list), and the general category of the activity being evaluated (from another drop-down list). Then the student is required to answer 2 questions by clicking on a bar representing the full spectrum of confidence levels.

The following screenshot shows this data entry screen:

The screenshot shows a data entry form with the following elements:

- At the top, there are two drop-down menus labeled "Name:" and "Activity:".
- Below the "Name:" field, there is a blue horizontal bar representing a confidence scale. The bar is divided into 10 segments. The left end is labeled "Not Confident" and the right end is labeled "More Confident". The center of the bar is labeled "Not selected".
- Below the "Activity:" field, there is another blue horizontal bar representing a confidence scale, identical in structure to the first one.
- At the bottom of the form, there is a green button labeled "Save Answers".

*The data entry screen*

This data is then analysed to spot trends and see how students are progressing.

**By courtesy of Noel Leeming.**

We have received

**'Preferential Pricing Cards'**

Enough to supply all our members.

Please pick up your Noel Leeming card when you are next at the Learning Centre. The cards are free, and entitle you to preferential pricing when making a purchase(s) at Noel Leeming.



*Photo of Card as a sample.*



**SENIORNET COMMITTEE 2022**

**President: John Gibsone - 022 355 2500**

**Vice President: Reg. Romans -358 8519**

**Secretary: David Illingworth - 354 8623**

**Treasurer: Marie Start -356 2268**

**Committee: Kevin Fletcher – 324 8263**

**Committee: Michael Lawrence - 323 2456**

**Committee: Vicki Weber - 355 4439**

## What's my Username and what was that password

Last month I had to get some more ink for the printer, no problem just login to the ink supplier and order some ink. The last time I did this was last year it took no more than five minutes. I get to the login page on the internet and I am asked for my username and password. Now let me think, *"what email address did I use as a username and what was the password"*. After a few goes, I picked up the phone and ordered the ink over the phone, *"pew that was lucky"*.

After the call, I thought I'd better do something about this. Why didn't I put it in my password manager that's what it's there for? What if I had lost a password to one of my Facebook accounts? That would be tricky as there is no one to talk to. Time to make a plan Stan, I think to myself.

So, what next?

The first item on the agenda is to use my Password Manager to save all my accounts' details and what to do if things go wrong.

So, what do I do when things go wrong?

Easy I thought, just go to the internet website and say I lost my username and/or password. This proves not so easy in today's climate of circumspect security. They want to know who I am, I'm the guy with the lost password and their reply is *"yer right"*. Now I am being asked for my recovery phone number or email address *"I Know, I know, I should have set this up ages ago never did get round to it, well I suppose I better wave that ship good by"* So lesson learned, go to all my accounts on the internet and do the recovery thing for each one. Have you seen how many accounts I have? This could be a mission, no time to call Ethan Hunt.

All the accounts with a phone contact I can move to the end of the queue. Better start with the email ones, so what to do? Find the recovery account information for the organisation that I use for email, like Google, Microsoft, Xtra, etc. Here are a few I found - with the likes of Google and Microsoft you need to sign in to the account and then go to account management/security. This is what it looks like in your

google account:

And in your Microsoft account select the portion in the red box (advanced security options)

Ways that we can verify that it's you

These can be used to make sure that it's really you signing in or to contact you if there's suspicious activity in your account



Recovery phone >

Recovery email >

### Security

Security basics

Manage your password, protect your account and view additional security resources.



**Sign-in activity**

See when and where you've signed in and tell us if something looks unusual.

View my activity



**Password security**

Help keep your account safer by using a stronger password.

Change my password



**Advanced security options**

Try the latest security options to help keep your account safe.

Get started



**Stay secure with Windows 10**

Windows 10 makes it easier to stay secure with built-in protection using Microsoft Defender Antivirus.

Check out Windows security

Continues on Next Page

*If you can't get into your account don't panic give us a call at SeniorNet we are here to help*

[Google Help sheet](#)

[Reset a forgotten Microsoft account password](#)

[Set up Xtra Mail account recovery options](#)

Now we can move on to the moochers of the internet, social media. Facebook has a so-called [Help Centre](#) which is a series of web pages one of the pages give some helpful information, see below:

**Making sure that you don't lose access to your Facebook account**

If you ever forget your password, you'll want to be prepared ahead of time with a way to get back into your Facebook account without it.

You can use one of several recovery options to prevent getting locked out of your account in the future:

- Have an up-to-date way for us to contact you. We'll be able to send you a confirmation code to reset your password using a trusted email address or mobile phone number. Please make sure that you're the only person who can access the email addresses and mobile phone numbers listed on your Facebook account.
- Add another email address or mobile phone number to your account in case your original contact method is compromised. Make sure that no one else has access to any emails associated with your Facebook and that your email password is different from your Facebook account password.
- Use your authentic name and date of birth on your Facebook account so we can find your profile if you ever lose access to it.
- Learn more about how to keep your account secure.

As for Instagram, it is hard to find concise information as it is buried in their online [Help Centre](#) I was unable to find an incisive piece of information. All I would say is to use a Very strong unique password of more than 16 characters in a password manager, keep your smartphone up to date and use Two-Factor Authentication (2FA)

The Key to all this account recovery stuff is to have a plan of what to do if you are unable to access an account and then keep the plan somewhere safe like a password manager that can be accessed from anywhere. Then when you are confronted with a problem, stop and think, where is my plan and then follow it step by step until you gain access to your account.

Don't be afraid to ask for help as sometimes organisations assume users have a vast knowledge of how that organisation's website works, leaving you with the feeling of what do I do now.

Remember we are here at SeniorNet to help just give us a call.

Kevin Fletcher



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inspire.net.nz  
0800 484 363

## How to change your mouse pointer colour

Ways to change Mouse Pointer size and colour in **Windows 10**:

1. Step 1. Open PC settings.
2. Step 2. Choose Ease of Access to enter its settings.
3. Step 3. Click Mouse, and choose new pointer size and colour in the options.

Change Mouse Pointer size and colour in Mouse Properties.

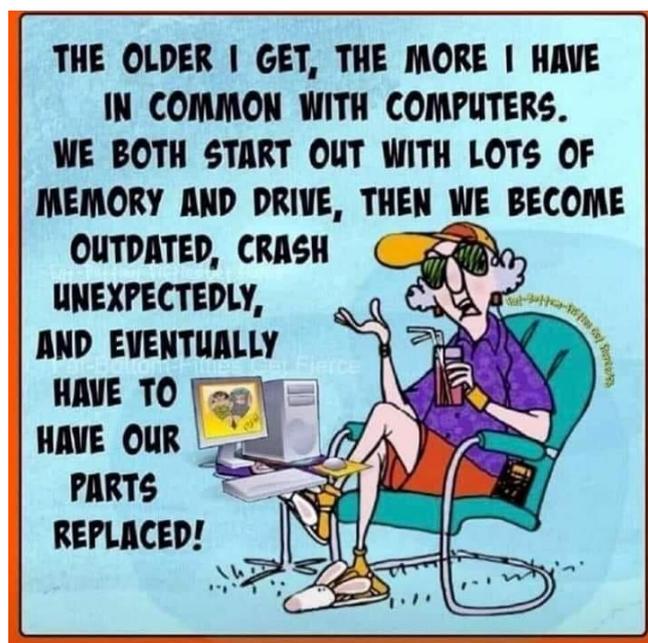
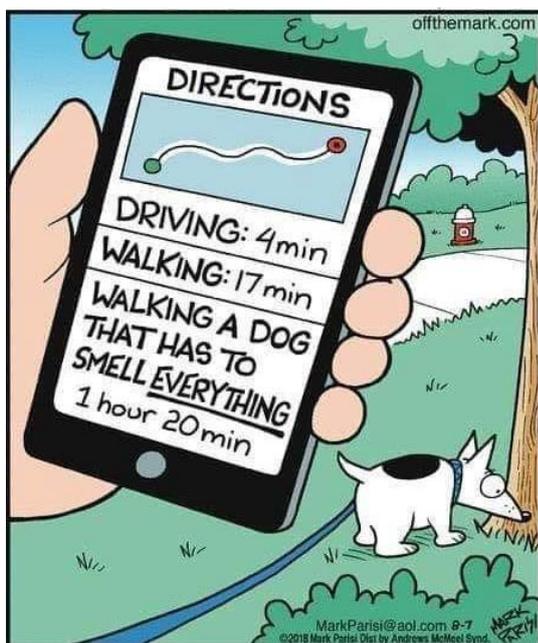
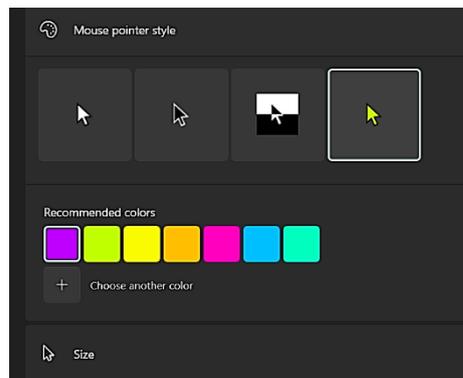
Step 1. Click the lower-right Start button, type mouse in the search box and select Mouse in the results to ...

## Change Mouse Pointer size and colour Windows 11

Search for Mouse Settings

Go to Settings –

1. Accessibility
2. Blue Tooth and Devices -
3. Mouse



## WANTED - (This is not a cartoon)

We are on the scrounge!

Do you have an older tablet (Android or iPad) that still works?

If so, we would love to beg, borrow or steal it. We want to use it for the simple evaluation form that we have described on Page 2 of this newsletter.

Contact: John Gibsone



Good friends make bad days a little more bearable.